SUNSET TERRACE FAMILY HEALTH CENTER at NYU LANGONE PSYCHOLOGY EXTERNSHIP TRAINING PROGRAM

OVERVIEW

The Psychology externship program at the Sunset Terrace Family Health Center is committed to the

screening and intake functions, initially in collaboration with another staff member and, after they have acquired experience, independently. The intake evaluation process entails an extended and in depth interview by the extern leading to a provisional DSM-V diagnosis as well as organization of the clinical findings. Externs' immersion in screenings and intakes, a process that requires continual evaluations on-the-spot dinical and decisions, inculcates the capacity to make immediate dinical judgements with confidence and sensitivity.

PSYCHODIAGNOSTIC TESTING

Externs are expected to complete 3 full psychological batteries during the course of the externship year. Using a standard battery of intelligence and projective tests as well as more innovative multicultural assessment tests such as TEMAS, externs evaluate patients to produce differential diagnoses, to assist in referral placements to other agencies or to explore the dynamics of patients. Externs receive supervision on all aspects of psychodiagnostic assessment. Training in dealing with issues of culture, particularly Latino and African-American cultures, in psychological assessment are a distinctive aspect of testing individual supervision.

OUTPATIENT PSYCHOTHERAPY

The emphasized individual therapeutic approach focuses on comprehensive and intensive understanding of the patient, the psychodynamics of personality and character development, the development of patient-therapist relations, the impact of individual psychopathology on the family and social systems in which the patient lives, and finally, the interaction between culture and the individual. Individual and group supervision on individual psychotherapy is provided. NYU/ Langone Family Health Center-Sunset Terrace also offers group therapy as a modality. The following is a sampling

substance use disorder of individuals identified as having psychiatric symptoms and a pattern of substance use. Integrated treatment focuses on the whole person rather than on a discrete disorder. Treatment for co-occurring disorders is self-directed and phæse specific. Treatment interventions are tailored to the individual's "stage of change". The ultimate goal of person- centered, integrated, stage specific treatment is to help the individual develop an effective prevention relapse based on the acquisition of self-soothing skills. achieving medication compliance, building family and social support for recovery, learning to identify triggers and beginning to use successful strategies to manage urges.

The integrated treatment program for cooccurring disorders provides the extern with opportunities for acquiring skills in working with dually diagnosed populations. Extern activities include