

Are you living with Adult ADHD?

The questions below can help you find out.

Do you often forget to do things you need to do? Do you have trouble staying organized? Do you have trouble staying focused on tasks? Do you often lose things? Do you have trouble staying on time? Do you have trouble staying motivated? Do you have trouble staying calm? Do you have trouble staying patient? Do you have trouble staying respectful? Do you have trouble staying responsible? Do you have trouble staying safe? Do you have trouble staying healthy? Do you have trouble staying happy? Do you have trouble staying successful? Do you have trouble staying satisfied? Do you have trouble staying content? Do you have trouble staying peaceful? Do you have trouble staying joyful? Do you have trouble staying loving? Do you have trouble staying kind? Do you have trouble staying generous? Do you have trouble staying forgiving? Do you have trouble staying understanding? Do you have trouble staying compassionate? Do you have trouble staying empathetic? Do you have trouble staying caring? Do you have trouble staying helpful? Do you have trouble staying cooperative? Do you have trouble staying obedient? Do you have trouble staying respectful? Do you have trouble staying responsible? Do you have trouble staying safe? Do you have trouble staying healthy? Do you have trouble staying happy? Do you have trouble staying successful? Do you have trouble staying satisfied? Do you have trouble staying content? Do you have trouble staying peaceful? Do you have trouble staying joyful? Do you have trouble staying loving? Do you have trouble staying kind? Do you have trouble staying generous? Do you have trouble staying forgiving? Do you have trouble staying understanding? Do you have trouble staying compassionate? Do you have trouble staying empathetic? Do you have trouble staying caring? Do you have trouble staying helpful? Do you have trouble staying cooperative? Do you have trouble staying obedient?

An accurate diagnosis can only be made through a clinical evaluation.

